



## DOROTA PRYMEK

Facilitator and Coach

### EDUCATION

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**University of Lodz**

M.A. Culture Science

### TRAINING & CERTIFICATIONS

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**Training Certification**

*NGO Trainers' Association (sTOP)*

**Meta-Coaching Certification**

*Meta-Coaching Foundation and  
International Society of Neurosemantics*

**Trainer, NLP Certified**

*International Society of Neurosemantics*

Dorota Prymek's personal goal is create a better working environment for leaders through the use of coaching and training, and to foster development within organizations by mobilizing their resources to reach the best results.

Dorota has experience training in various sectors, with a focus on intercultural trainings, leadership skills in different cultures, strategic planning, Neuro Linguistic Programming, (NLP), coaching, effective communication, global effective teams, multiculturalism, and creating a feedback culture.

Dorota has over 800 hours of coaching experience in different environments—from financial, automotive, services, executives, entrepreneurs, NGOs, and consultancies. She has led coaching sessions in English, Spanish and Polish.

Dorota also holds coaching certifications from Metamorfoziz in Puebla, Mexico, and is a certified facilitator in PRO PLAY method with PLAYMOBIL PRO. Dorota is an independent contractor with FlashPoint.